


Week Three wcil13, $2224,135,506,17,227$

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MAIN CHOICE 1 | sausages in oníon Gravy | coconut chicken curry | Beef Bolognaíse | BBQ Chícken Thighs | Fish Fingers |
| MAIN CHOICE 2 | veggíe sausages in onion Gravy | Roasted cauliflower $\mathcal{G}$ chickpea curry | Quorn Bolognaise | smokey $B B Q$ Beans | Falafel Wraps |
| SIDE | Mashed Potato | Rice and Naan Bread | spaghettí | Steamed Rice | chunky chíps |
| VEG | Garden Peas | Green Beans | Diced Carrots | cajun sweetcorn | Baked Beans |
| DESSERT \& FRUIT | loed Smoothie Tub | Homemade cookie | Strawberry oatmeal Bar | carrot cake | Yoghurt Pot |
|  | A selection of salads will be available daily, as well as freshly cooked bread and fresh fruit |  |  |  |  |

